

EmpoweringEFT@EU - Empowering Emotion-Focused Therapy practice in Europe



NEWSLETTER #1

Geographical Scope:
International

Start Date: 01/11/2020

End Date: 31/10/2021

Reference:

2020-1-PT01-KA202-078724

Outputs

IO1. Training Course/Manual for EFT Trainers

IO2. Training Course/Manual for EFT Supervisors

IO3. E-platform: digital platform to support training, supervision, and practice in EFT

IO4. Good Practice Guide for EFT Training

IO5. Good Practice Guide for EFT Supervision

The “EmpoweringEFT@EU” project aims to facilitate the training and supervision of Emotion-Focused Therapy (EFT), an evidence-based, humanistic, and experiential psychotherapy modality. This project will develop training opportunities and good practice guides for training and supervision in EFT, as well as a digital platform to support the training, supervision, and the practice of EFT in different countries. It will also facilitate the creation of local networks of EFT supervisors and trainers, who will be involved in the dissemination of good practices internationally, especially in Portugal and Spain.

In the last seven months we have been carrying out a set of activities to prepare intellectual outputs (IO) 1 and 2. Thus, after developing an interview script, we have been conducting a series of interviews with Emotion-Focused Therapy (EFT) Experts in training and supervision. On the other hand, a project website is currently under development, where all the project news and contents will be presented in the different partner languages (English, Portuguese, German, and Spanish). We will also feature contents on three additional languages, as a result of a collaboration with new Associated partners (French, Dutch and Danish).

Follow us on
<http://fb.me/empoweringEFT.EU>

Project website:
www.emotionfocusedtherapy.eu/



Carla Cunha (Portugal)



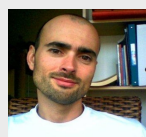
João Salgado (Portugal)



Alexandre Sousa (Portugal)



Ladislav Timulak (Ireland)



Ciro Caro (Spain)



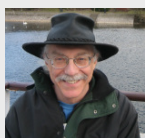
Lars Auszra (Germany)



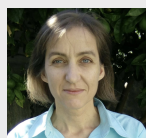
Cláudia Azevedo (Portugal)



Rafael Jódar Anchia (Spain)



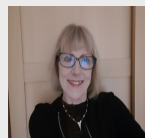
Robert Elliott (United Kingdom)



Eunice Silva (Portugal)



Imke Herrmann (Germany)



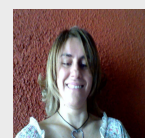
Lorna Carrick (United Kingdom)



Susana Almeida (Portugal)



Beatriz Viana (Portugal)



Marina Monteiro (Portugal)



EMPOWERING EMOTION-FOCUSED THERAPY PRACTICE IN EUROPE

EmpoweringEFT@EU

Associated partners



INTERNATIONAL SOCIETY for EMOTION FOCUSED THERAPY

Dissemination activities

SEPI 2021 – June 10-12 2021

Presentation of the EmpoweringEFT@EU project in a panel on Emotion-Focused Therapy at the SEPI Annual Meeting/Conference (online)

2021 EFT Trainers' Meeting

Presentation of the EmpoweringEFT@EU project at the ISEFT Trainers meeting (online, July 2nd, 2021)

Associated members



Ueli Kramer (Switzerland)



Juliette Becking (Netherlands)



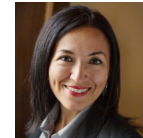
Niels Bagge, (Denmark)



Kurt Renders (Belgium)



Joana Cardoso (Portugal)



Catalina Woldasky (Switzerland)

Interviews with EFT Experts regarding training and supervision in EFT

Since January 2021, we have been conducting a series of interviews with EFT Experts to gather information related to their implicit and explicit knowledge, as a starting point for the O1 and O2.



Ladislak Timulak



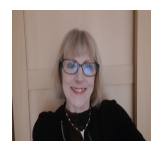
Lars Auszra



Robert Elliott



Imke Herrmann



Lorna Carrick



Leslie Greenberg



Rhonda Goldman



Jeanne Watson



Juliette Becking

Maiêutica – Cooperativa de Ensino Superior, CRL / ISMAI (Promoter- Portugal) <https://www.ismai.pt/>

University of Strathclyde (United Kingdom) <https://www.strath.ac.uk/>

Institute of Emotionaly Focused Therapy (Germany) <http://www.emotions-fokussierte-therapie.de/>

Universidad Pontificia Comillas (Spain) <https://www.comillas.edu/>

The Provost, Fellows, Foundation Scholars & the Othe Members of Board of the College of the Holy & Undivided Trinity of Queen Elizabeth Near Dublin (Ireland) <https://www.tcd.ie/>

SPTFE - Portuguese Society of Emotion-Focused Therapy (Portugal) <https://sptfe.org/>



MAIÊUTICA Cooperativa de Ensino Superior, C.R.L.



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